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LaGrange College

Course Catalog - Coaching

Minor in Coaching - Minor in Coaching

Type:Minor

Students will select at least **FIVE** of the following courses to fulfill the requirements of the Coaching Minor. (Courses noted with an * are required for the concentration.)

- EXCS 1154 First Aid: Responding to Emergencies
- EXCS 2311 Survey of Strength & Conditioning
- EXCS 3305 Sports Psychology
- EXCS 3310* Coaching Theory and Methods
- EXCS 3313 Leadership in Physical Education and Athletics
- EXCS 3332 Prevention and Care of Athletic Injuries/Illness
- EXCS 3360 Motor Behavior and Control
- EXCS 4311 Principles of Strength & Conditioning
- EXCS 4400 Internship in Physical Education/Coaching

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LaGrange College

601 Broad Street
LaGrange, GA 30240
706-880-8000